



NIPPON SIGMAX CO., LTD.

Web: https://zamst.com

FROM MEDICAL FIELD

Zamst is a brand of braces, supports, and care products for athletes, created in 1993 by Nippon Sigmax Co., Ltd., a Japanese medical device manufacturer who has been developing and manufacturing products for the orthopedics field for half a century. Our mission is always to offer products and services that will help prevent injuries and improve athletic performance by incorporating the knowledge and advice of sports medicine physicians, athletic trainers, and other professionals and listening to athletes' voices. Quality and functionality are the reasons why many top athletes, both professional and amateur, use our products.

Concept of Manufacturing



this work cycle.

Product Development

We always strive to catch up the latest study results from all over the world and utilize the knowledge for our product ideas. Comments and opinions from sports physicians and athletic trainers give us useful hints to our product development.



Design

We have skills and technology to precisely measure the human bodies and utilize the product designs. We conduct product design thoroughly dedicated to the skills and technology in order to realize proper fit to three-dimensional body.



iterial Selection

We carry out thorough material testing to seek material characteristics that can fulfill required function. In addition, we have various kinds of in-house quality evaluation equipment.



Product Evaluation

We verify the functions to see how our products affect the movement of human body with various kinds of functional test equipment. We are exploring the products that can truly provide maximum effect.



Field Evaluation

We carry out field evaluation on usability, fitting and durability with sports players.



Corporate Efforts

Aiming to become a world-class company and deliver excellent products

We expand our know-hows cultivated in Japan to overseas countries. We always strive to support athletes' training, competition, and challenges as much as possible by delivering products with world-class quality and functionality.

Global networks help us gather information and proactively offer superior products faster than others while playing important roles in marketing, product development, and manufacturing sites.

Sigmax (Huzhou) Medical Co., Ltd.

CHINA

Located in Huzhou, Zejiang province, Sigmax (Huzhou) manufacturers Sigmax products. In addition, the Shanghai branch promotes business activities in China





ZAMST PARTNERS

Zamst supports athletes and teams who always keep challenging the limit.

ATHLETE



Trae Young (Basketball)

"The ankle braces with Zamst made my game - and just the day that I joined the court - a lot easier, a lot stress-free of injury. That's something detrimental to me. I think it's important for athletes to take care of their bodies, especially basketball players and ankles, and Zamst ankle braces made it possible for me to play that way and play like that, so I think that they can help the next person."



Trae Young wears A2-DX



Wilfredo Leon (Volleyball)

"I believe the injury prevention is the key for the best performance. I noticed it since I had some minor injuries throughout my careers. I'm trying many different Zamst products and I feel perfect with all of them!"



Wilfredo Leon wears ZK-MOTION and ZK-PROTECT

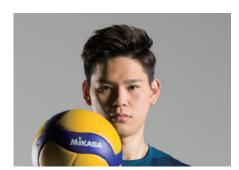


Magdalena Stysiak (Volleyball)

"Thanks to Zamst stabilizers, I have a guarantee that my injuries would not worsen. I feel comfortable, and above all, safe in it. "



Magdalena Stysiak wears A2-DX



Yuji Nishida (Volleyball)

"I found the Zamst Arm Sleeve to be comfortable, and I noticed that a little compression on my muscles helped me to perform better. Now, wearing arm sleeves for a game is something I do without even thinking about it."

Yuji Nishida wears Arm Sleeves





Reduce ankle movements stressing the Achilles tendon

LIGHT

Antimicr deodor

Size	Shoe size / cm
M	21 - 25
L	25 - 29



Support ankle firmly from inversion at landing and turning

MODERATE

A1

Antimicrobial deodorant

*Left / Right specific

Size	Shoe size / cm
M	22 - 25
L	25 - 28
LL	28 - 31



Create stability by compressing the unstable ankle

LIGHT

Antimicrobial deodorant

Size	Shoe size / cm
S	19 - 22
M	22 - 25
L	25 - 28
LL	28 - 31



Powerful model in the series reducing inversion and eversion movements

STRONG

A2-DX

Antimicrobial deodorant

Left / Right specifi

Size	Shoe size / cm
M	22 - 25
L	25 - 28
LL	28 - 31

How to select Ankle and Achilles tendon supports

Choose a size based on your shoe size. If your measurement falls between two sizes, choose the larger one.



Support ankle from inversion at landing and turning

MODERATE

A1-S Anti de

Antimicrobial deodorant

*Left / Right specific

Size	Shoe size / cm
S	19 - 22
M	22 - 25
L	25 - 28
LL	28 - 31

Light compression and protection of the ankle

LIGHT



*Left / Right specific

Size	Heel circumference / cm	Shoe size / cm * Only as a guide
S	27 - 30	22.0 - 24.5
M	30 - 33	24.0 - 26.5
L	33 - 36	26.0 - 28.5

How to select Ankle and Achilles tendon supports

Choose a size based on your shoe size. If your measurement falls between two sizes, choose the larger one.

How to select FILMISTA ANKLE

Measure the circumference of the heel. If your measurement falls between two sizes, choose the larger one. Shoe size is just for quick reference.



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Light compression and protection of the knee

for RUNNING

FILMISTA 71/1829 =- KNEE		
Size	cm	
S	28 - 31	
M	31 - 34	
L	34 - 37	
LL	37 - 40	

How to select FILMISTA KNEE

Measure the circumference of the calf 5 cm below the center of the kneecap. If your measurement falls between two sizes, choose the larger one.



For problems of the knee during running





Reduce the strain on the outside of the knee for runners for RUNNING

RK-1 Plus *Left / Right specific

Size	cm
S	36 - 39
M	39 - 42
L	42 - 45
LL	45 - 48
3L	48 - 51



Reduce the strain on below the knee for runners

for RUNNING

RK-2

Size	cm
S	36 - 39
M	39 - 42
L	42 - 45
LL	45 - 48
3L	48 - 51

How to select RK-1 Plus and RK-2

Measure the circumference of the thigh 10 cm above the center of the kneecap. If your measurement falls between two sizes, choose the larger one.



For problems around the kneecap **JK** series

Reduce the strain on below the kneecap

LIGHT



JK Band









Size	cm
S	24 - 30
M	30 - 36
L	36 - 42
LL	42 - 48



Reduce the strain on below the knee in a period of growth

JK-1

Size	cm
S	29 - 32
M	32 - 35
L	35 - 39

How to select JK Band and JK-1

Measure the circumference of the calf 5 cm below the center of the kneecap. If your measurement falls between two sizes, choose the larger one.



Reduce the strain on below the knee for jumping sports

MODERATE



JK-2

Size	cm
S	40 - 43
M	43 - 46
L	46 - 49
LL	49 - 52
3L	52 - 55

How to select JK-2

Measure the circumference of the thigh 16 cm above the center of the kneecap. If your measurement falls between two sizes, choose the larger one.



Dedicated to support level and comfort fit **EK** series



Light support for the entire knee

LIGHT

EK-1

Size	cm
S	36 - 40
M	40 - 44
L	44 - 48
LL	48 - 52
3L	52 - 56



Support the entire knee for horizontal balance

LIGHT

EK-3

Size	cm
S	36 - 40
M	40 - 44
L	44 - 48
LL	48 - 52
3L	52 - 56



Support the entire knee firmly for horizontal balance

MODERATE

EK-5

Size	cm
S	36 - 40
М	40 - 44
L	44 - 48
LL	48 - 52
3L	52 - 56

How to select EK series

Measure the circumference of the thigh 10 cm above the center of the kneecap. If your measurement falls between two sizes, choose the larger one.



For support around the entire knee **ZK** series



Comfortable knitted knee brace providing moderate support with excellent mobility

MODERATE+

ZK-MOTION

Size	cm
S	36 - 40
M	40 - 44
L	44 - 48
LL	48 - 52
3L	52 - 56
4L	56 - 62
5L	62 - 68



Strongest support for inhibiting lateral and anterior movement

STRONG

ZK-PROTECT

Size	cm	
S	36 - 40	
M	40 - 44	
L	44 - 48	
LL	48 - 52	
3L	52 - 56	
4L	56 - 62	
5L	62 - 68	

How to select ZK-MOTION and ZK-PROTECT

Measure the circumference of the thigh 10 cm above the center of the kneecap. If your measurement falls between two sizes, choose the larger one.







Short type for pelvic stability

Pelvilock

Size	cm
S	75 - 83
М	83 - 91
L	91 - 99
LL	99 - 107

How to select Pelvilock

Measure the circumference of your pelvis at the upper edge of the hip bone. If your measurement falls between two sizes, choose the larger one.



LIGHT



Lightest model for comfortable fit

ZW-3

Size	cm
S	65 - 75
M	75 - 85
L	85 - 95
LL	95 - 105
3L	105 - 115



Light model with breathability and quick drying

ZW-4

Size	cm
S	65 - 75
M	75 - 85
L	85 - 95
LL	95 - 105
3L	105 - 115



Standard support for stability and ease of movement

ZW-5

•	Cilicit	MODERATE
	Size	cm
	S	65 - 75
	M	75 - 85
	L	85 - 95
	LL	95 - 105
	3L	105 - 115

How to select ZW series

Measure the circumference of your waist at the navel. If your measurement falls between two sizes, choose the larger one.





Standard support for stability and ease of movement

ZW-7

Size	cm
S	65 - 75
M	75 - 85
L	85 - 95
LL	95 - 105
3L	105 - 115

How to select ZW-7

Measure the circumference of your waist at the navel. If your measurement falls between two sizes, choose the larger one.



MODERATE

STRONG

Elbow



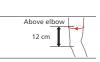
Standard support for stability and ease of movement

Size	cm
M	22 - 25
L	25 - 28
LL	28 - 31

How to select Elbow Sleeve

Measure the circumference of the arm 12 cm above the elbow. If your measurement falls between two sizes, choose the larger one.

Elbow Sleeve



31 - 34

P

Standard support for stability and ease of movement

Elbow Band

Size	cm
M	20 - 26
1	26 - 31

How to select Elbow Band

Measure the circumference of the forearm at the widest part. If your measurement falls between two sizes, choose the larger one.









Stabilize shoulder with high fixing force without hindering movement

Shoulder Wrap

Size	cm
M	34 - 41
L	41 - 48
LL	48 - 55

How to select Shoulder Wrap

Measure the circumference of the arm at the shoulder joint. If your measurement falls between two sizes, choose the larger one.



MODERATE

Wrist



Full adjustment of compression just by wrapping around the wrist

MODERATE

Wrist Wrap

Size	cm
M	13 - 17 (Product width 6.5 cm)
	15 21 (Product width 7.5 cm)



Stabilize the wrist firmly for stable movement

Wrist Band	Size	cm
vvrist ballu	M	13 - 17
	L	17 21



Support wrist from intense movement of racket sports

FILMIST <mark>/</mark>	Size	cm
NEZZ JUZI WRIST	M	13 - 17
	L	17 - 21

How to Select Wrist Wrap, Wrist Band and FILMISTA WRIST

Measure the circumference of the wrist at the narrowest part. If your measurement falls between two sizes, choose the one you like best based on its width.



Easy compression on the entire thumb

LIGI

Thumb Guard Soft

Size	cm	
N.4	5.2 - 6.4	(Thumb circumference)
М	13.0 - 17.0	(Wrist circumference)
	6.3 - 7.5	(Thumb circumference)
L	16.0 - 20.0	(Wrist circumference)

How to select Thumb Guard Soft

Measure the circumference of the first thumb joint and the circumference of the wrist. If your two measurements do not match the proposed combination, choose your size based on your wrist measurement.



Assure stability and fitness to the entire thumb

MODERATE

Thumb Guard

Size	cm	
М		(Thumb circumference) (Wrist circumference)
L		(Thumb circumference) (Wrist circumference)

How to select Thumb Guard

Measure the distance from the first thumb joint to the base of the wrist and the circumference of the wrist. If your two measurements do not match the proposed combination, choose your size based on your wrist measurement.





Support for sprained finger

Finger Wrap <SINGLE> <DOUBLE>



Size	cm
S	4.1 - 5.3
M	5.3 - 6.5
L	6.5 - 7.7

How to select Finger Wrap <SINGLE> and <DOUBLE>

Measure the circumference of the finger that you want to support. When you wish to support your little finger, measure your ring finger (for <Double> only). Select the size after measuring the circumference of the second joint of your finger. If the measurement falls between two sizes, select the larger one.





F

Support unstable thigh with thin and strong structure

	Size	cm
FILMIST/	S	43 - 48
71/1828 94 THIGH	M	48 - 53
	L	53 - 58

How to select FILMISTA THIGH

Measure the circumference of the thigh 16 cm above the center of the kneecap. If your measurement falls between two sizes, choose the larger one.



E.

Assured mobility with compression on calf

	Size	cm
FILMIST/	S	31 - 35
71/1829 n-7 CALF	M	35 - 39
	L	39 - 43

How to select FILMISTA CALF

Measure the circumference of the calf at the widest part. If your measurement falls between two sizes,



Icing and compression on the shoulder and lower back

One medium-sized Zamst Ice Bag

W-2



Icing and compression on various regions



* The Ice Bag is sold separately.



Relieve stress on inner shin

SP-1

Size	cm
M	28 - 36
L	36 - 44

How to select SP-1

Measure the circumference of the calf 20 cm above the center of the medial ankle. If your measurement falls between two sizes, choose the larger one.



TAPING

Kinesiology tape with excellent breathability





Size	Product specification (width x length)
S	38 mm x 5 m (2 rolls)
M	50 mm x 5 m (1 roll)
L	75 mm x 5 m (1 roll)

For first aid, cool down and heatstroke measure



Size	Diameter of cap (cm)
S	15
M	23
L	26



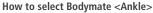




For light compression and protection of the ankle

Bodymate < Ankle>

Size	cm
S	17 - 20
M	20 - 23
L	23 - 26



Measure the circumference of the ankle at the narrowest part. *Product size is indicated by a color code inside sleeve. (Yellow for L, Red for M, Green for S)





For light compression and protection of the calf

Bodymote <Calf>

* One pai

Size	Ankle cm	Calf cm*
S	17 - 20 <the center="" of="" size="" the=""> 18.5</the>	28 - 34
М	19 - 23 <the center="" of="" size="" the=""> 21</the>	32 - 38
L	22 - 25 <the center="" of="" size="" the=""> 23.5</the>	36 - 42
LL	24 - 27 <the center="" of="" size="" the=""> 25.5 * 0</the>	40 - 46 Only as a guide

How to select Bodymate <Calf>

Measure the circumference of the ankle at the narrowest part. The circumference of the calf just for quick reference. Product is not meant for those who have more than a two size difference between circumference of ankle and calf. *Product size is indicated by a color code inside sleeve. (Purple for LL, Yellow for L, Red for M, Green for S)





For light compression and protection of the knee

Bodymate < Knee>

Size	cm
S	34 - 40
M	40 - 46
L	46 - 52
LL	52 - 58

How to select Bodymate <Knee>

Measure the circumference of the thigh 10 cm above the center of the kneecap. *Product size is indicated by a color code inside sleeve. (Purple for LL, Yellow for L, Red for M, Green for S)





For light compression and protection of the elbow

Bodymate < Elbow >

Size	cm
S	22 - 25
M	25 - 28
L	28 - 31
LL	31 - 34

How to select Bodymate <Elbow>

Measure the circumference of the upper arm at the widest part. *Product size is indicated by a color code inside sleeve. (Purple for LL, Yellow for L, Red for M, Green for S)





For light compression and protection of the wrist

Bodymate < Wrist >

Size	cm
S	13 - 15
M	15 - 17
L	17 - 19

How to select Bodymate <Wrist>

Measure the circumference of the wrist at the narrowest part. *Product size is indicated by a color code inside sleeve. (Yellow for L, Red for M, Green for S)



For light compression and protection of the thumb





Size	cm
S	13 - 15
M	15 - 17
L	17 - 19
L	17 - 19

How to select Bodymate < Thumb >

Measure the circumference of the wrist at the narrowest part. *Product size is indicated by a color code inside sleeve. (Yellow for L, Red for M, Green for S)



For light compression and protection of the wrist to palm





Size	cm
S	13 - 15
M	15 - 17
L	17 - 19
L	17 - 19

How to select Bodymate < Palm >

Measure the circumference of the wrist at the narrowest part. *Product size is indicated by a color code inside sleeve. (Yellow for L, Red for M, Green for S)







For efficient arm movement

Arm Sleeve







Size	cm
SS	19 - 23 <the center="" of="" size="" the=""> 21</the>
S	22 - 26 <the center="" of="" size="" the=""> 24</the>
М	25 - 29 <the center="" of="" size="" the=""> 27</the>
L	28 - 32 <the center="" of="" size="" the=""> 30</the>

How to select ARM SLEEVE

Measure the circumference of the upper arm at the widest part. If your measurement falls between two sizes, choose the one closer to the center of the size. Product size is indicated by a color code inside the product (Yellow for L, Red for M, Green for S, Brown for SS).





"Next level" running gear with personal fit

Pressione	AR
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Gray

Size	cm
SS	19 - 23 <the center="" of="" size="" the=""> 21</the>
S	22 - 26 <the center="" of="" size="" the=""> 24</the>
М	25 - 29 <the center="" of="" size="" the=""> 27</the>
L	28 - 32 <the center="" of="" size="" the=""> 30</the>

How to select Pressione ARM

Measure the circumference of the upper arm at the widest part. If your measurement falls between two sizes, choose the one closer to the center of the size. Product size is indicated by a color code inside the product (Yellow for L, Red for M, Green for S, Brown for SS).



For reduction of the fatigue in the calf Calf Sleeve

Calf & Ankle Sleeve

Antimicrobial	ı
deodorant	



Calf & Ankle Sleeve Black



Size	Ankle cm	Calf cm*
S	17 - 20 <the center="" of="" size="" the=""> 18.5</the>	28 - 34
М	19 - 23 <the center="" of="" size="" the=""> 21</the>	32 - 38
L	22 - 25 <the center="" of="" size="" the=""> 23.5</the>	36 - 42
LL	24 - 27 <the center="" of="" size="" the=""> 25.5</the>	40 - 46
	* Onl	u ac a quida

How to select CALF SLEEVE and CALF & ANKLE SLEEVE

Measure the circumference of the ankle at the narrowest part. The circumference of the calf just for quick reference. Product is not meant for those who have more than a two size difference between circumference of ankle and calf. *Product size is indicated by a color code inside sleeve. (Purple for LL, Yellow for L, Red for M, Green for S)





"Next level" running gear with personal fit

Size	Calf cm	Ankle cm*
S	29 - 33	18 - 20
M	33 - 37	19.5 - 21.5
L	37 - 41	21 - 23
LL	41 - 45	22.5 - 24.5

How to select Pressione CALF

Measure the circumference of the calf at the narrowest part. The circumference of the ankle is just for quick reference. If the measurement falls between two sizes, choose the lager one. Product is not meant for those who have more than a two size difference between circumference of ankle and calf.





For efficient thigh movement

Thigh Sleeve * One pair

Antimicrobial deodorant

Size	Thigh circumference (cm)
S	39 - 44
М	44 - 49
L	49 - 54

How to select Thigh Sleeve

Measure the circumference of the thigh 16 cm above the center of the kneecap. If your measurement falls between two sizes, choose the larger one. *Product size is indicated by a color code inside the product (Yellow for L, Red for M, Green for S).

16 cm





For maintaining plantar performance - Arch lift support -

AS-1

Size	Shoe size / cm
SS	21 - 23
S	23 - 25
M	25 - 27
L	27 - 29



For maintaining plantar performance - Cushioning-oriented standard type -

HA-7 Sw absorption

Size	Shoe size / cm
SS	21 - 23
S	23 - 25
M	25 - 27
L	27 - 29

How to select AS-1 Series

Choose a size based on your shoe size. If your measurement falls between two sizes, choose the larger one.



For maintaining plantar performance - Breathable mesh structure -













Size	Shoe size / cm	
SS	21 - 23	
S	23 - 25	
M	25 - 27	
L	27 - 29	

How to select HA-1 Mesh

Choose a size based on your shoe size. If your measurement falls between two sizes, choose the larger one.

How to select HA-1

Choose a size based on your shoe size. If your measurement falls between two sizes, choose the larger one.

For maintaining the calf & plantar performances - Compression-type with calf support -



HA-1 Compression

Sweat- absorbent
Quick-drying

Size	Ankle cm (inches)	Calf* cm (inches)	Shoe size* (cm)
S	17 - 20	28 - 34	22 - 25
М	19 - 23	32 - 38	24 - 27
L	22 - 25	36 - 42	26 - 29

^{*} Only as a guide

How to select HA-1 Compression

Measure the circumference of the ankle at the narrowest part. If your measurement falls between two sizes, choose the one based on the circumference of the calf and shoe size. Product is not meant for those who have more than a two size difference between circumference of ankle and calf.





Reduce the strain on the sole, calf and shin

Footcraft STANDARD

deodorant

Size	Shoe size / cm
S	21.0 - 22.5
M	23.0 - 24.5
L	25.0 - 26.5
LL	27.0 - 28.5
3L	29.0 - 30.5



Reduce the strain on the heel and around the Achilles tendon

Footcraft STANDARD フットクラフトスタンダード





Size	Shoe size / cm
S	21.0 - 22.5
M	23.0 - 24.5
L	25.0 - 26.5
LL	27.0 - 28.5
3L	29.0 - 30.5
3L	29.0 - 30.5

Strong grip leading to smooth movement



Footcraft AGILITY



Size	Shoe size / cm
S	21.0 - 22.5
M	23.0 - 24.5
L	25.0 - 26.5
LL	27.0 - 28.5
31	29.0 - 30.5

FEATURES



• Optimal support for a personalized comfort and fit

From three arch types, you can choose the one best fit for your own feet. Effective and personalized support and excellent fit are realized.



2 Ideal alignment by Windlass Mechanism

A Design is based on the "phenomenon of Windlass" mechanism that creates a natural movement of the foot. It supports alignment of the arch, and leads a tilt of the foot to a more neutral position to reduce stress. It prevents foot troubles.

* The "phenomenon of Windlass" refers to a state where the plantar fascia is winded up as the toe rises and arch rigidity of the foot increases.



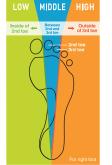
@Realize high stability and flexible support

A gradual support offered by "Core Stabilizer" and "Flexible Holder" realizes both high stability on the unstable heel and flexible support that follows the arch movement.





HOW TO SELECT YOUR BEST FIT FOOTCRAFT



Footcraft is the functional insole that has been developed with our innovative measurement system which identifies your best fit insole from the 3 arch types. With our inventive in-store Check Board, select your best fit Footcraft.



*When your measurement falls between two fingers or results different between your right and left foot, please select the lower arch type.

HOW TO APPLY

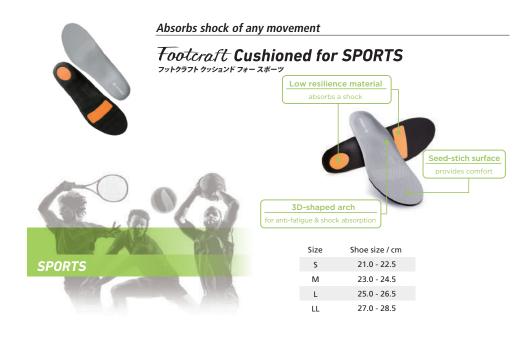
- ① Remove the original insoles from the shoes.
- 2) Place the original insole on top of the Footcraft insole and mark around the toe.
- 3 Cut the extra part along the marking.
- 4 Put them in the shoes.

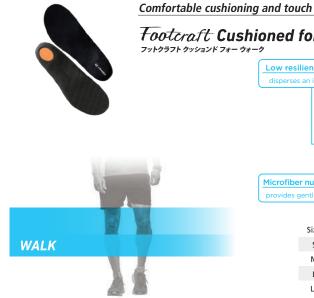














Microfiber nubuck-like surface

provides gentle touch to the foot

Size	Shoe size / cm
S	21.0 - 22.5
M	23.0 - 24.5
L	25.0 - 26.5
LL	27.0 - 28.5

