

# THIGH SLEEVE


**NIPPON SIGMAX CO., LTD**  
 1-24-1 Nishi-Shinjuku, Shinjuku-ku,  
 Tokyo 160-0023 Japan  
 Phone: +81 3 5326 3229

## ZAMST THIGH SLEEVE INSTRUCTION FOR USE

**Intended use:** Thigh compression

**Read before using the product:**

- \* This product can be used on the left or right thigh.
- \* This product is for thigh compression; however, it is not necessarily providing compression as intended.
- \* This product is not for medical treatment.
- \* Make sure that you use the correct size. (Refer to the sizing chart)

**In use of the product:**

The product may become discolored due to the storage conditions.  
 This product is knitting. Finished dimension of each product may be different.  
 Do not scratch on the product with any sharp and nails. It causes fray and runs.  
 Do not apply the product by tugging the sleeve. It causes fray and runs.

**Safety warnings and precautions:**

Do not use this product in the following cases to prevent from causing disorder and worsening symptoms:

- If your skin is sensitive or you have allergies.
- If you have circulatory deficit such as high-blood pressure, heart disease.
- If you have disorder of thighs.
- If you have abnormal conditions such as fractures, cuts, numbness, swelling, rash or skin irritation in the area where product is used.

Be sure to follow the following precautions. Otherwise, it may cause circulatory deficit and/or injury accidents:

- Do not use the product other than thigh.
- Consult your physician if you are, or think you might be pregnant.
- Do not use the product while sleeping.
- Remove and re-apply the product at regular intervals. If the body part is compressed for extended periods, blood circulation may be adversely affected or you may experience skin problem.
- Make sure to use the correct position; up or down, surface or flip.
- Apply the product correctly to take the following steps described in the "How to apply" instructions.
- Re-apply the product starting with the first step described in the "How to apply" instructions if the product shifts out of place or becomes too loose.
- Do not use the product if the product is worn or damaged.
- Do not rework, modify or repair the product.
- Do not use the product with folding over.
- Do not layer in the product.

Discontinue use immediately and consult your physician in the following cases. Otherwise, it may result in worsening of symptoms.

- If you experience discomfort while using the product.
- If you have abnormal conditions such as fractures, cuts, numbness, swelling, rash or skin irritation in the area where product is used.

Apply the product directly to the skin. Do not layer in clothes.

The product may become discolored by perspiration or other liquids. The product's dye may bleed onto clothing worn under or near the product.

**Handling cautions:**

Do not wash with whites or light colors. The product's dye may fade and/or bleed.

**How to wash:**

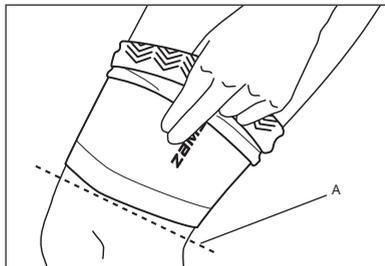
Wash in a net bag.  
 Machine wash cold. Line dry in shade.  
 Do not iron. Do not use chlorine bleach. Only non-chlorine bleach may be used.  
 Do not tumble dry. It damages the product.  
 Do not dry clean. Very gentle wet cleaning is allowed but do not tumble dry.

**How to apply:**

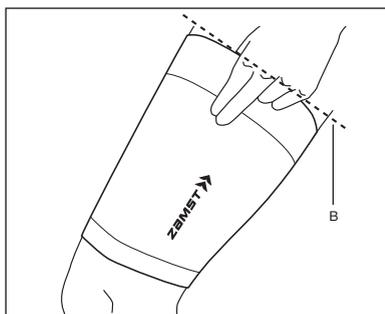
Illustrations are for the left thigh. (The product is not designed specifically for use on the right or left.)

1. Gather up the sleeve and pull the sleeve over your thigh until the end of the sleeve is at the illustrated position on the thigh (A). (Illustration 1)
2. Gently pull the rest of the sleeve evenly up over the thigh to the top-thigh at the illustrated position (B). (Illustration 2)
3. Make sure the sleeve is equally spread over the whole thigh and that there are no constrictions or wrinkles.  
 \* Pull the sleeve gently. Otherwise, it may be damaged or you may feel strain on the skin.

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### Size Chart

Size	Circumference of the thigh	Size Indication
S	39 cm - 44 cm	Green
M	44 cm - 49 cm	Red
L	49 cm - 54 cm	Yellow