

ZAMST BODYMATE SUPPORT INSTRUCTIONS FOR USE

**Please read through the following instructions completely before using the product.
The contents of the instructions apply to knee, ankle, elbow and wrist.**

Intended use: Knee, ankle, elbow, and wrist joint protection.

*This product is not for medical treatment.

*This product is for knee/ankle/elbow/wrist supports; however, it will not prevent all knee/ankle/elbow/wrist injuries.

In use of the product:

-The product may become discolored due to the storage and/or usage conditions. However, it does not affect on product functions.

- Do not scratch on the product with your nails, and any sharps. It causes fray and runs.

Do not use this product in the following cases:

- If your skin is sensitive or you have allergies, you may develop a rash or allergic reactions while using the product. If such symptoms occur, discontinue use and consult with a physician.

- If you have abnormal conditions such as cuts, fractures, numbness, swelling or rash in the area where product is used.

Safety precautions:

- Do not use the product other than knee, ankle, elbow and wrist.

- Make sure to use the correct size. (Refer to the size chart on the package and line color inside the product.)

- Do not use the product while sleeping. If the product shifts to an abnormal position or is used for extended periods while sleeping, it may interfere with blood circulation.

- If the body part is compressed for extended periods, blood circulation may be adversely affected or you may experience discomfort. To avoid such conditions, it is recommended that you remove and re-apply the product at regular intervals.

- Make sure to use the correct position; top or bottom, inside or outside, front or back.

- Make sure to apply the product directly to the skin. Do not apply over the socks or the clothes. The product may lose its effectiveness.

- If the product shifts out of place or becomes too loose, re-apply the product starting with the first step described in the "How to apply" instructions.

- Do not use the product if the product is broken or worn. Do not modify or repair the product. The product may lose its effectiveness and/or cause injuries.

- Do not roll up the product. Blood circulation may be adversely affected.

- If you experience pain, swelling, skin irritation, discomfort or any other abnormal reaction while using this product, discontinue use and consult with a physician.

- The product may become discolored by perspiration or other liquids. The product's dye may bleed onto clothing worn under or near the product.

How to wash:

- Do not wash with whites or bright colors. The product's dye may bleed.

- Hand wash with mild detergent and air dry in the shade.

- Do not place in dryer. Do not dry clean or iron. Do not use products containing chlorine including bleach, and fabric softener. These may damage the product.

How to apply:

- Apply the product correctly to take the following steps.

*Illustrations are for the right leg and arm. (The product is designed for fits left or right.)

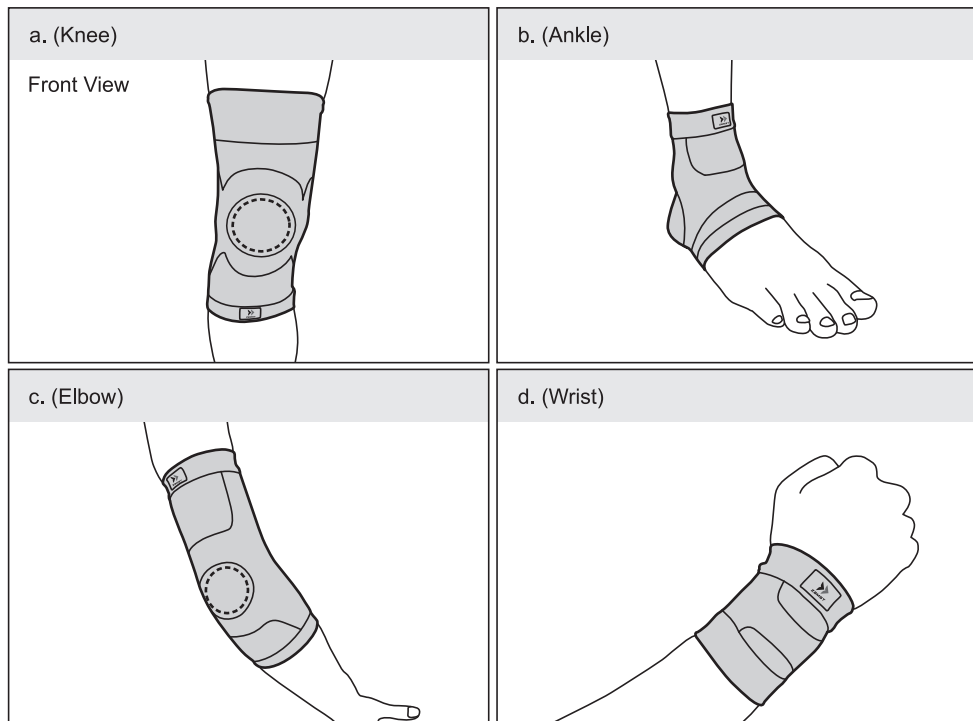
1. Pull the product upward and position as the illustrations show. (A: the product logo, B: the position of knee cap, C: the position of elbow joint, D: the position of wrist)(Illustration a. Knee b. Ankle c. Elbow d. Wrist)

2. Straighten the leg or the arm and make sure there is no wrinkle or out of place by stretching the product.

Composition:

Nylon and polyurethane

PRODUCT IMAGE



SIZING CHART

Knee				Ankle			
Size	Thigh Circumference	Code	<p>Center of patella</p>	Size	Ankle Circumference	Code	
S	34 - 40cm	380001		S	17 - 20cm	380101	
M	40 - 46cm	380002		M	20 - 23cm	380102	
L	46 - 52cm	380003		L	23 - 26cm	380103	
Elbow				Wrist			
Size	Upper arm Circumference	Code		Size	Thigh Circumference	Code	
S	22 - 25cm	380201		M	15 - 17cm	380301	
M	25 - 28cm	380202		L	17 - 19cm	380302	
L	28 - 31cm	380203					

※Product size is indicated by a color code inside sleeve.
 (Yellow for Large, Red for Medium, Green for Small)