

# ZW-3

## INSTRUCTIONS FOR USE



**Please read through the following instructions completely before using the product.**

**Intended use:** Lower back support

**Read before using the product:**

- This product is for lower back support; however, it will not prevent all back injuries.
- This product is not for medical treatment.
- Make sure that you use the correct size. (Refer to the sizing chart on the package and size tag inside the product.)

**In use of the product:**

- Make sure that the hook-and-loop fasteners do not touch the mesh material used on the back part of the product. The hook-and-loop fasteners may damage these materials.
- The product may become discolored due to the storage conditions.
- Do not put excess weight on the hook-and-loop fastener and the raised fabric when storing the product. The hook-and-loop fastener may not work effectively.

**Safety warnings and precautions:**

Do not use this product in the following cases to prevent from causing disorder and worsening symptoms.

- If your skin is sensitive or you have allergies.
- If you have abnormal conditions such as fractures, cuts, numbness, swelling, rash or skin irritation in the area where product is used.

Be sure to follow the following precautions. Otherwise, it may cause circulatory deficit and/or injury accidents.

- Do not use the product other than lower back.
- Make sure that you use the correct size. (Refer to the sizing chart on the package and size tag inside the product.)
- Consult your physician if you are, or think you might be pregnant.
- Do not use the product while sleeping.
- Remove and re-apply the product at regular intervals. If the body part is compressed for extended periods, blood circulation may be adversely affected or you may experience skin problem.
- Make sure to use the correct position; up or down, surface or flip, front or back.
- Apply the product correctly to take the following steps described in the "How to apply" instructions.
- Do not pull the product and sub straps too tight.
- Re-apply the product starting with the first step described in the "How to apply" instructions if the product shifts out of place or becomes too loose.
- Do not use the product if the product is broken or worn or if the hook-and-loop fastener does not work.
- Do not rework, modify or repair the product.

Discontinue use immediately and consult your physician in the following cases. Otherwise, it may result in worsening of symptoms.

- If you experience discomfort while using the product.
- If you experience injury, fracture, cuts, pain, numbness, swelling, rash, or skin irritation where product is used.
- Hook-and-loop fasteners use hard material. Be careful using as it may rarely damage fingers and skins.
- Apply the product over a shirt or clothes. Do not apply the product directly to the skin.
- The product may become discolored by perspiration or other liquids. The product's dye may bleed onto clothing worn under or near the product.
- Make sure that the hook-and-loop fasteners do not touch clothing and other fabric when applied. It causes fray and runs.

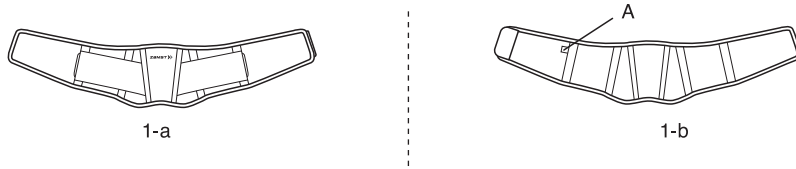
# ZW-3

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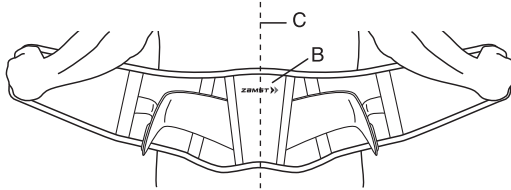
## ZAMST ZW-3 BACK SUPPORT INSTRUCTIONS FOR USE

### How to apply

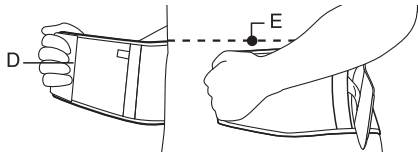
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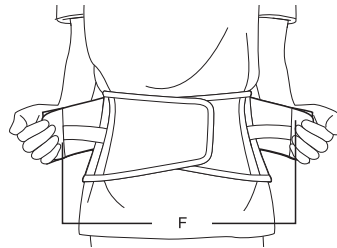
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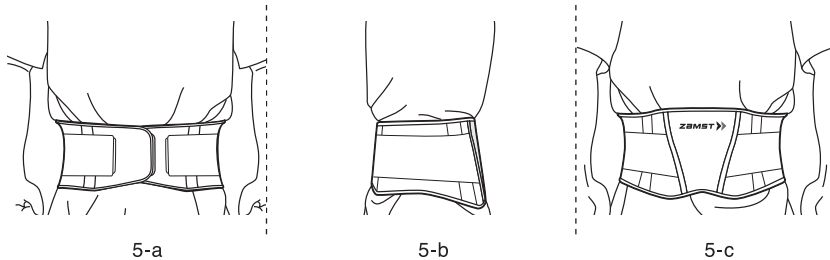
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### How to apply:

1. Release all the hook-and-loop fasteners, and check the sides; up, down, surface, flip, front and back. The size tag (A) will face up and will be located on the side of the body. (Illustration 1-a: Surface Illustration 1-b: Flip)
2. Position the product over the lower back. Apply the product so that the center of the product logo (B) in the middle of the product surface is aligned with the spine (C). (Illustration 2)
3. Cover the lower back with the product, and fasten hook-and-loop fastener (D) in front of the body. Make sure that the top edge of the product should reach the height of the navel (E) and fasten the hook-and-loop fastener by pulling both ends of the product. (Illustration 3)
4. Fasten the sub straps to the product. Make sure to hold the edges of the sub straps (F) in both hands and fasten the sub straps with pulling both right and left sides moderately at a time. (Illustration 4)
5. Make sure there is no wrinkle or out of place. If there is an uncomfortableness, re-apply the product starting with the first step described in the "How to apply" instructions. Product properly fastened. (Illustration 5-a: Front view 5-b: Side view 5-c: Back view)

### Handling cautions:

- Do not wash with whites or light colors. The product's dye may fade and/or bleed.
- Wash in a net bag. The hook-and-loop fasteners may cause fray and runs if they touch clothing and other fabric.

### How to wash:

- Machine wash cold. Line dry in shade.
- Make sure to close the hook-and-loop fasteners prior to washing. Otherwise, the hook-and-loop fastener may not work effectively.
- Do not iron. Do not use chlorine bleach. Only a non-chlorine bleach may be used.
- Do not tumble dry. It damages the product.
- Do not dry clean. Very gentle wet cleaning is allowed but do not tumble dry.

### Composition:

Fiber: Polyester, Nylon and Elastane